

## Quality and Accreditation

PCP: Pakistan Centre for Philanthropy Certified NPO Seal of Good Practices

MOU with Economic Affairs Division, Government of Pakistan

Federal Board of Revenue (Tax Exempted)

ISO 9001 Certified Hospital

Khyber Pakhtunkhwa Health Care Commission Registered Hospital

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AIMS and its logo symbolise the challenges and ambitions of the organization as reflected by its name - Abaseen - Father of the rivers - negotiating its way across the whole of Pakistan, reassuring its members, donors and patients of its strength and ability to achieve and maintain the flow and care.

As a not-for-profit registered organization with Social Welfare Department in Peshawar KP, AIMS Pakistan draws its ability to continue services by treating its committed registered patients, devoted staff and sincere donors' professional skills, time, and monetary support for the trusted members of AIMS Board.

The target is to reach out and help patients and families influenced by diabetes, hypertension, and non-communicable diseases (NCD).





Lead a comprehensive, quality assured and affordable diabetes healthcare institute

### **MISSION**

Pool up resources for Diabetes and NCD healthcare development with the help of the public and private sectors in KP and Pakistan

### **OBJECTIVES**

### 01

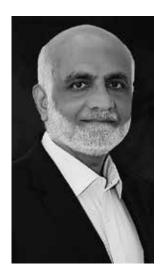
Provide high quality medical treatment and develop curative strategies for those who cannot afford treatment of Diabetes and other NCDs\* 02

Integrate medical research, training and education for professionals

### 03

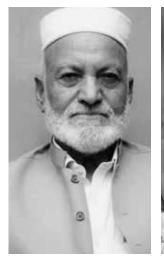
Implement community health awareness, disease prevention strategies, advocacy campaigns for diabetes & NCDs\* and improve access to care

# AIMS BOARD



**Dr. Zia Ul Hasan** President

### Wherever the art of medicine is loved, there is also a love for humanity.



**Mr. Ayaz Mujahid** Vice President



Mr. Asad Ullah General Secretary



Dr. Abdul Jalil Khan Medical Director



**Mr. Faisal Inam** Finance Secretary

# AIMS BOARD





**Dr. Amanullah Khan** MBBS MPH UK Public Health & Development Consultant

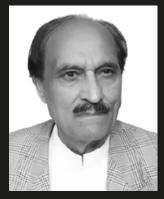
**Dr. Rashid Hanif** MD President AIMS USA

**Dr. Shagufta Zia** MBBS, PHD UK Family Physician & Epidemiologist



**Dr. Hikmatyar Hasan** PhD Data Scientist Trustee AIMS UK

### advisory MEMBERS



**Mr. Salem Khan Khalil** University Degree in Law – Ex MNA Parliament of Pakistan



**Dr. Amjad Ali Bacha** FRCS - UK Founding member of AIMS Pakistan. Chair, AIMS International UK & Trustee



**Prof. Dr. Saeed Anwar** MBBS - MPH Director, Prime Institute of Public Health Peshawar-Kyyber Pakhtnkhwa



**Dr. Muhammad Jawad** Faculty Khyber Medical University



**Prof. Dr. Mir Ali Shah** MBBS, FCPS Ophthalmology Consultant – Surgeon, Examiner and Trainer in Retina diseases management.



**Dr. Shahid Younus** MBBS - MPH Senior Manger in Healthcare, Khyber Pakhtunkhwa, Pakistan



**Dr. Nadeem Akhtar** PhD Public Health Senior Manger in Healthcare, Khyber Pakhtunkhwa Pakistan



**Ms. Saba Tanvir - MBA** Advisory Committee, Coordinator Pioneer of Type 1 Diabetes Unit in AIMS Pakistan





## UK&USA

#### **AIMS UK**

AIMS (Abaseen Institute of Medical Sciences) UK

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Registered with Charity Commission UK - No. 110864 https://aimsinternational.org

#### **Board Of Directors & Trustees**

Dr. Amjad Ali Bacha: Trustee (Advisory Members AIMS Pakistan) Mr. Mansoor Shah Dr. Hikmatyar Hasan (Board Member AIMS Pakistan) Mr. Adil Syed Bacha Ali

#### **AIMS USA**

Abaseen Institute of Medical Sciences USA

#### **Board Of Directors**

Dr. Rashid Hanif: President (Board Member AIMS Pakistan) Sara Azmat, Secretary Asnaf Qadir, Technology Officer Dr. Raza Hasan, Treasurer Dr. Tufail Ijaz, Director Muhammad Irfan Ullah, Director Zeeshan Babar, Technology Director Imran Ali, Director Canada Dr. Shanza Imran, Director Canada Dr. Sara Mahmood, Director

Abaseen Institute of Medical Sciences USA 501(c)(3) NPO (Charity) Internal Revenue Service, United States of America https://www.abaseen.org





The Diabetes Association, Khyber Pakhtunkhwa established in 1985 is a registered charitable organization. Affiliated with the Diabetes Association of Pakistan and the International Diabetes Federation.

Diabetes Association KP and AIMS work together under a long term MOU Owner of Land and building of Sugar Hospital in Hayatabad



Meethi Zindagi is a people-centric, organization, working for the diabetes community throughout Pakistan, through Awareness, Education, Empowerment and Support.

For children suffering from diabetes, AIMS and Meethi Zindagee have signed an MOU to provide free insulin and glucometers to those who cannot afford it.

#### www.meethizindagi.org

diabetes nsw » act AIMS have applied to be part of a world-wide support program of an Australian charity for children. This will have significantly impact on lives of children with diabetes registered for treatment and their families.

LIFE FOR A CHILD

www.diabetesnsw.com.au



Khyber Medical University Peshawar KP Pakistan and AIMS (Abaseen Institute of Medical Sciences) Pakistan will mutually help in Providing clinical Services and Implementing the concept of Family Medicine Together to establish a community-based Training & Research Centre in Diabetes Hypertension and Non-Communicable Diseases.

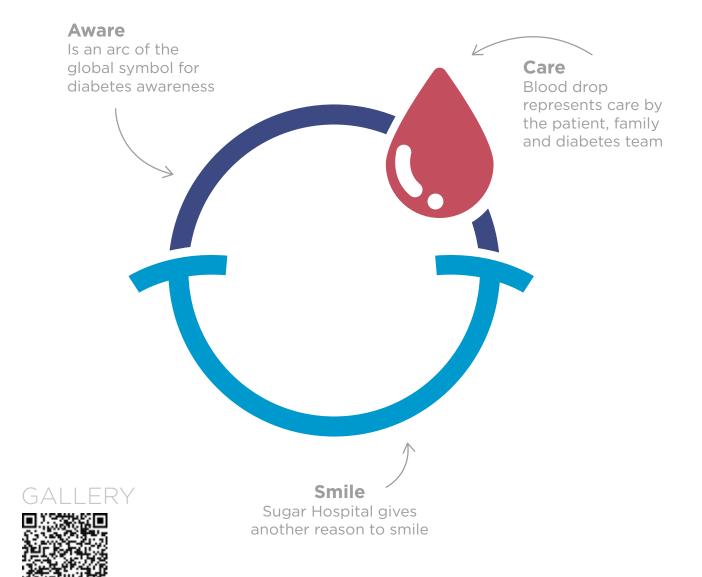
Dr. A. Jalil and Dr. Jawad are part of Khyber Medical University Faculty, KMU has an MOU with AIMS Pakistan. Training part of its post graduate courses at AIMS Sugar Hospital. Currently such activities:

- Family Physician of KP training in consultation with WHO
- Specialized Dental Services
- Postgraduate training in Pathology
- Developing Podiatary and wound care services with focus on prevention of diabetes feet complication

www.kmu.edu.pk

## PROJECT





## DIABETES CIRCLE OF CARE

### DISCOUNT Pharmacy 10%

Additional laboratory **30%** 



## SUGAR HOSPITAL



### **Patients Served**

Sugar Hospital + Community outreach



Laboratory Tests Sugar Hospital



Zakat Patients episodes (Sugar Hospital)



### Children with diabetes

episodes Sugar Hospital (12 months)

### AIMS PRIORITIZE STRATEGIES CONSISTENT WITH SUSTAINABLE DEVELOPMENT GOALS



Healthy Lives & health Promotion (Goal 3: 3.1.1, 3.4.1, , 3.7.1, , 3.8.1)

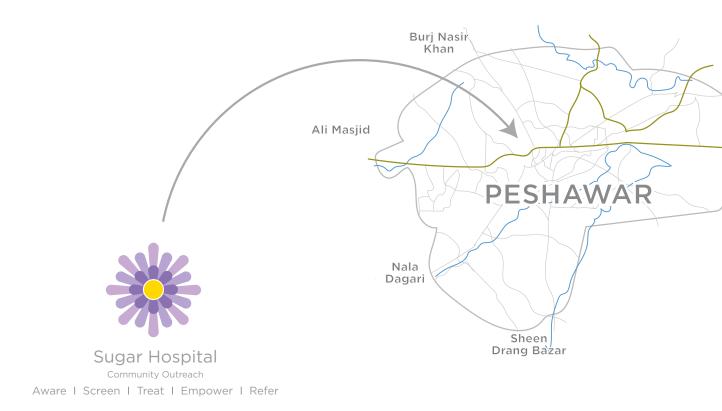
Mother & Child Health along with Non - Communicable Diseases ( Goal 17: 17.17.1)

Since its inception, **AIMS community program** has regularly held awareness, chronic diseases screening & treatment camps across KP. The program Is also responsible for generating funds for projects and creating public private partnerships.

### REACHING TO THE DOORSTEPS

### **92 Union Councils Targeted**

For awareness and screening camps in collaboration with **District Peshawar Government** 



## RESEARCH& DATABASE

Large volumes of data are generated every year in AIMS at Sugar Hospital, its outreach, and partnerships with individuals and institutions. The IT team is working on making the data FAIR - to meet the important principles of Findability, Accessibility, Interoperability, and Reusability. This will help AIMS to improve patient care, promote its objectives, find & keep donors, and quality research, all leading to its sustainability, insha'Allah.

#### Poster presentation in IDF Congress Bangkok Thailand, 2021

During covid pandemic, a research project enrolling 200 patients attending our "circle of care" by the Nutrition Department was carried out. A 2.5-minute nutrition/ diet related educational video and written material, in Urdu language, for patients with diabetes was developed. The project fund raising by AIMS International UK also helped sustain the nutrition department during covid time. Study was led by UK-based AIMS volunteer, Dr. Yusra Amanullah.

#### Patient Satisfaction Survey at Sugar Hospital

To assess quality of healthcare services the survey measured six basic metrics, quality of medical care, interpersonal skills displayed by medical and non-medical professionals, transparency and communication between care provider and patient, financial aspects of care, accessibility of care and location. 78% said the hospital environment was good, relax, economical, clean and friendly, 5% were not happy with long waiting time for the family medicine doctors and 3% were unhappy with the reception. Over 90% had good recommendation for friends, family/ relatives

#### **Research Ethics Committee established in AIMS Pakistan**

The Committee consists of a chairperson, a general Secretary, four technical member (3 doctors, one university teacher), one lay person representing the community, one Imam (religious leader), two patients with type 1 and type 2 diabetes and one social worker/ politician. Several rearch projects are under way by Postgraduate students from Khyber Medical University, Agriculture University and Peshawar University.





RSM Avais Hyder Liaquat Nauman Chartered Accountants

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#### INDEPENDENT AUDITOR'S REPORT TO THE BOARD OF DIRECTORS

#### Opinion

We have audited the annexed financial statements of AIMS Pakistan (the Organization), which comprise the statement of financial position as at June 30, 2021, statement of income and expenditure and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at June 30, 2021, and its financial performance and cash flows for the year then ended in accordance with approved accounting and reporting standards as applicable in Pakistan.

Place: Peshawar

Date : May 16, 2022

RSM Avid Holer Count Manual Peshawar RSM Avis Hyder Liaquat Nauman Chartered Accountants Engagement Partner: Muhammad Arif Saeed

### FINANCE

#### Financial Performance Snapshot For the year 2020-2021 (Audited)

	<b>2020</b> Rupees	<b>2021</b> Rupees
INCOME Income from		
Donation	23,187,616	12,234,655
Zakat	991,649	2,000,000
Patient Contribution	24,258,633	17,235,628
	48,437,898	31,470,283

## FINANCE

Financial Performance Snapshot For the year 2020-2021 (Audited)

	<b>2020</b> Rupees	<b>2021</b> Rupees
INCOME	48,437,898	31,470,283
EXPENDITURE		
Direct Cost	22,839,499	22,643,672
Administrative expenses	11,509,715	7,285,010
	34,349,214	29,928,682
Surplus/Deficit for the year	14,088,684	1,541,601
Provision for taxation	-	-
Net surplus for the year	14,088,684	1,541,601



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Who are unable to access healthcare and unable to pay for their treatment

## FUTUREPLAN

1. Establish Technology based Communication system connecting all stake holders

2. 24/7 Service at Sugar Hospital as Public Private Prtnership

3. Expanding at national level and beyond borders

#### MAIN FOCUS

Health Promotion and Health Education

### Pakistan

Peshawar Mardan Abbotabad - Punjab - Sindh - Balochistan

#### Abroad

Dubai - Jeddah - London - New York

## DONATION FORM

### **AIMS Donation & Support**

Please fill the form and oblige - JazakAllah

Name	727472747
Address	
Mobile	Email
Patient Sponsorship (Zakat) 50,000 PKR/year	Village Sponsorship 60,000 PKR/camp
Comments	777477747
VXVXVXV	

### BANK ACCOUNTS AIMS PAKISTAN

### **Our Pak Rupees Account For Sadaqa & Donation**

Account Title:	AIMS Pakistan District Community Program
Account Number:	1759003156265090
IBAN:	PK12NBPA1759003156265090
Branch Code:	1759
Bank Name:	National Bank of Pakistan
Branch:	Hayatabad Township - Peshawar KP Pakistan
Swift Code:	NBPKPKKA02P

### **Our Pak Rupees Account For Zakat**

Account Title:	AIMS Pakistan Zakat Fund
Account Number:	1759004156396537
IBAN:	PK12NBPA1759004156396537
Branch Code:	1759
Bank Name:	National Bank of Pakistan
Branch:	Hayatabad Township - Peshawar KP Pakistan
Swift Code:	NBPKPKKA02P



### COVD TME **30,000** Patients Served at

Sugar Hospital